

## 2022 Kanata Race Day 10K Results 6/14/22 2:03:46 PM

| Position | Bib # | Name | Race Time | Pace | Gender | Age |
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### DIVISION: 10K

|    |     |                  |             |      |   |    |
|----|-----|------------------|-------------|------|---|----|
| 1  | 249 | Aidan Kirkham    | 33:14.920   | 3:19 | M | 24 |
| 2  | 253 | Jesse Langevin   | 36:53.289   | 3:41 | M | 34 |
| 3  | 289 | Ajay Sandhu      | 37:18.739   | 3:44 | M | 19 |
| 4  | 242 | KEITH HEGGIE     | 40:41.776   | 4:04 | M | 43 |
| 5  | 269 | Emma Murray      | 42:33.358   | 4:15 | F | 39 |
| 6  | 211 | Andy Cowan       | 46:18.810   | 4:38 | F | 65 |
| 7  | 234 | Kathleen Gagnon  | 46:32.277   | 4:39 | F | 34 |
| 8  | 287 | Aida Rodera      | 49:25.619   | 4:56 | F | 41 |
| 9  | 233 | Brian Fraser     | 50:19.644   | 5:02 | M | 53 |
| 10 | 207 | Jim McNair       | 51:00.411   | 5:06 | M |    |
| 11 | 301 | Mark Tsizis      | 51:01.876   | 5:06 | M | 55 |
| 12 | 160 | Sunny Chen       | 51:32.490   | 5:09 | M | 12 |
| 13 | 285 | Christophe Rene  | 52:14.682   | 5:13 | M | 49 |
| 14 | 230 | Christina Dudley | 52:47.145   | 5:17 | F | 43 |
| 15 | 223 | John Curnow      | 54:41.014   | 5:28 | M | 64 |
| 16 | 280 | Mark Pasini      | 55:58.100   | 5:36 | M | 44 |
| 17 | 250 | Jian Kong        | 56:45.211   | 5:40 | M | 42 |
| 18 | 224 | Iain Davidson    | 57:30.856   | 5:45 | M | 25 |
| 19 | 283 | Mackenzie Po     | 1:03:05.344 | 6:19 | M | 21 |
| 20 | 272 | Linda Newton     | 1:03:19.721 | 6:20 | F | 61 |
| 21 | 266 | Lebogang Mundeta | 1:06:41.976 | 6:40 | F | 36 |
| 22 | 218 | Amanda Cochrane  | 1:06:52.333 | 6:41 | F | 38 |
| 23 | 245 | Sarah Kelly      | 1:07:24.707 | 6:44 | F | 38 |
| 24 | 246 | Nicole Kennedy   | 1:07:43.141 | 6:46 | F | 39 |
| 25 | 190 | Raeya Shen       | 1:09:51.066 | 6:59 | F | 11 |
| 26 | 305 | Jihong Yang      | 1:10:08.828 | 7:01 | F | 44 |
| 27 | 262 | Lynn Macdonald   | 1:12:26.234 | 7:15 | F | 65 |
| 28 | 193 | Logan Yang       | 1:20:52.009 | 8:05 | M | 10 |
| 29 | 306 | Jim Yang         | 1:20:52.254 | 8:05 | M | 45 |

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